



HOPE ACADEMY

H I G H S C H O O L

Substance Use Education and Prevention Program for Middle School Students

The Hope Academy Middle School Prevention Program is designed to provide early intervention and education for students at risk of substance use disorder. Our goal is to provide 6th, 7th, and 8th grade students and their parents/guardians with knowledge, skills, and support to make healthier choices and avoid more serious long-term consequences as they head into their teen years.

Who is a Good Fit for the Program?

- Students who have reported using/abusing alcohol and/or drugs.
- Students caught vaping at school (nicotine or THC).
- Students identified by school staff or parents as struggling with substance use.
- Students who have failed a drug screen for illegal drugs.

Program Details

The Substance Use Education and Prevention Program is a one-day session held on Saturday from **9:00 a.m. to 3:00 p.m. at Hope Academy**, 3919 Madison Avenue, Suite 100, Indianapolis, IN. Led by a Hope Academy Recovery Coach or Teacher, it provides a supportive environment where parents join from 1:00 p.m. to 3:00 p.m. Lunch and light snacks are included.

What is the Student and Family's Responsibility?

Students and families must complete and submit all required forms on time, attend the Saturday session, and actively participate. A \$20 fee is required in advance to cover materials and lunch. Participants are also asked to complete a feedback survey to improve future programs.

School's Responsibilities

The school is responsible for identifying eligible students and informing their parents, providing the necessary parent permission forms, and participating in a feedback survey.

Hope Academy's Responsibilities

Hope Academy provides the space as well as staff and curriculum resources, communicates with school staff and administration as needed, and serves as a resource for adolescent substance use education. They also distribute and evaluate feedback surveys for staff, students, and parents that will help to inform future programs.

Curriculum Topics

Nicotine, Vaping, and the Teen Brain

- Learn how nicotine and vaping affect brain development and health.

Drugs, the Brain, and Addiction

- Understand how drugs impact the brain and the process of addiction.

Marijuana: The Facts and the Risks

- Explore the realities and risks associated with marijuana use.

How Stress Affects the Body

- Discover how stress impacts the body physically and mentally.

Screen Time and Its Impact on Well-Being

- Examine how screen time affects physical and emotional health.

Decision-Making Skills and Strategies

- Develop skills to make healthy, informed decisions.

For more information about this program, please contact Adam Teal, Hope Academy Director of Outreach.



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